## **ABSTRACT**

According to the method of the present invention, a regulated vacuum pressure is applied to a skin defect (e.g., a depressed scar or wrinkle) on the surface of the skin. The vacuum pressure is either applied as a single treatment in preparation for other techniques, or as a structured series of applications to effect changes in the skin. The tissue is lifted using an air pressure differential, as may be generated by the vacuum source. It is emphasized that this abstract is provided to comply with the rules requiring an abstract that will allow a searcher or other reader to quickly ascertain the subject matter of the technical disclosure. It is submitted with the understanding that it will not be used to interpret or limit the scope or meaning of the claims. 37 CFR 1.72(b).